

For all 2011 Educating for Careers Conference attendees, the following is a list of our basic menu for March 3-5, 2011. For those of you that may have dietary restrictions, please note as the conference is located at a Convention Center that utilizes a catering company there are limitations on last minute additions and/or menu changes. If you need the alternative lunch meal, please notify the Registration Coordinator at info@reqforyou.com **no later than March 24, 2011**. You will need a special ticket at the lunch to receive the alternative lunch menu item.

Paid Pre-Conference, March 3, 2011

Upper Crust Continental Breakfast

- Freshly Brewed Coffee, Decaffeinated Coffee and Hot Tea
- Pitchers of Assorted Juices
- Housemade Muffins, Cinnamon Rolls and Danish
- Bagels and Cream Cheese
- Iced Scones
- Sliced Seasonal Fruit Displays

Gourmet Box Lunches

- Grilled Vegetable Sandwiches
- Peppered Steak Sandwiches
- Roasted Turkey Sandwiches

Conference, March 4, 2011

The American Breakfast Buffet

- Fresh Sliced Seasonal Fruit
- Hickory Smoked Ham
- Bacon
- Scrambled Eggs with Chives
- Homestyle Potatoes
- Buttermilk Biscuits & Gravy
- Assorted Muffins and Pastries
- Freshly Brewed Coffee, Decaffeinated Coffee, Hot Tea and Orange Juice

Plated Lunch**

- House Salad
- Vegetable Lasagna (contains cheese)
- New York Cheesecake

**** Alternative lunch is a Seasonal Fresh Fruit Plate**

Conference, March 5, 2011

The Sourdough French Toast Breakfast

- Cinnamon Battered Sourdough Bread topped with Peach Almond Maple Cream Cheese
- Scrambled Eggs
- Chicken Apple Sausage
- Variety of Mini Bagels, Muffins and Scones
- Freshly Brewed Coffee, Decaffeinated Coffee and Hot Tea
- Orange Juice

We have been assured that neither MSG nor peanut oil is utilized in any of the menu selections.